

BOOK CLUB

DISCUSSION QUESTIONS FOR BOOK CLUBS

Someone Is After Lulu Dupree

JOSI S. KILPACK

1. What are your thoughts on earth energies, such as minerals and vortexes, as described in this book?
2. Do you have a geographic location that invigorates you?
3. How do you feel about LuLu's decision to move to Sedona, even though it meant leaving her daughter in Seattle?
4. Have you ever had to make a decision that was best for you but required great sacrifice? How have you found peace with that decision in your own life?
5. Have you—or someone close to you—experienced brain trauma or a severe concussion? How did it affect you?
6. Do you—or someone you know—struggle with anxiety? Did any of LuLu's "tricks" resonate with you? Do you have other methods for managing anxiety?
7. Do you have experience with affirmations? If so, do you have a favorite one?
8. If you've read other books by Josi S. Kilpack, how does LuLu's story compare?

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